

# Excellence Health Care

X-Ray & Ultrasound Diagnostic Centre

2700 Dufferin St., Unit 56, York, ON M6B 4J3 (416) 782-6333

 $Female\ Technologist\ (IMG)\ On\text{-}site$ 



Walk-ins Are Always Welcomed!

PATIENT IN	FORMATION (Please see Preparation Ins	tructions on back)	APPOINTMENT
Last Name:	First Name:		Appt. Date: DD /MM / YYYY
Date of Birth: DD/MM/YYYY Sex: Male Phone: ()		Appt. Day: Mon Tue Wed Thu Fri Sat	
Address: Postal Code:		Appt. Time:	
Health Card#:			Please provide 24 hours' notice of cancellation. \$50 may be applied for missed appointments with no notice. Late arrivals may be re-scheduled
DIC	GITAL X-RAY	DIGITAL ULTRASOUND	
<b>HEAD &amp; NECK</b>	UPPER EXTREMITIES	GENERAL	MUSCULOSKELETAL
Skull Sinuses Adenoids Soft Tissue of Neck Pituitary Fossa Mastoids Nasal Bones Facial Bones Mandible T.M. Joints Orbits  CHEST Chest Ribs R□L□ (Incl. Chest View) Sternum S.C. Joints  SPINE & PELVIS Cervical Spine Dorsal Spine Lumbo-Sacral Spin S.l. Joints, Pelvis Lumbo-Sacral Spin Sacrum & Coccyx S.l. Joints AP Pelvis Pelvis & Hip R□L□ Scoliosis Series  SKELETAL SURVEY Metastatic Series Arthritic Series		☐ Breast & Axillary R[ ☐ Axillary R[ OBSTETRICAL LMP: ☐ Dating (6-10 weeks)     (includes Transvaginal unless of the content	
<ul><li>☐ Metabolic Series</li><li>☐ Bone Age</li></ul>	☐ Plain Film (KUB)☐ Acute (3 views)		
Referring Physician   STAT   VERBAL   Technician Information:			
Doctor's Name Doctor's Signature OHIP Provider ID		Initials:	
Doctor's Phone	Fax Date Issued		y knowledge I am not presently pregnant
Doctor's Address		Name:	Signature:

# **INSTRUCTIONS TO PATIENT**

- 1. Please bring this requisition form and your Health Card to your appointment.
- 2. Please arrive 15 minutes early to register.
- 3. Please refer to the exam preparation.
- 4. If you are unable to keep your appointment please give 24 hour notice.

# **CONTACT US**

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(416) 782-6333 (416) 782-7333

Fax: (416) 789-7333

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- 1. Open your phone's camera
- 2. Focus on this QR code
- 3. Tap notification to open link
  We love to hear from you
- **4. Post a review to our profile** Your feedback matters.

# **ULTRASOUND PREPARATIONS**

#### **ABDOMEN ULTRASOUND**

- · Eat a fat free dinner the night before your appointment
- · No dairy products or fried foods
- · No carbonated drinks 12 hours before your appointment
- · Nothing to eat or drink after midnight the night before
- · Do not eat breakfast

# **PELVIS ULTRASOUND (ALL TYPES)**

- Drink 4-5 glasses (or 2 small bottles) of clear fluids one hour before your appointment time (water, juice, black coffee or black tea)
- DO NOT VOID a full bladder is necessary for the examination
- · No fasting necessary

#### ABDOMEN AND PELVIS ULTRASOUND TOGETHER:

- · Eat a fat free dinner the night before your appointment
- · No dairy products or fried foods
- · Nothing to eat after midnight the night before
- Drink 4-5 glasses (or 2 small bottles) of clear fluids one hour before your appointment time (water, juice, black coffee or black tea)
- DO NOT VOID a full bladder is necessary for the examination

#### **OBSTETRICAL ULTRASOUND**

- For less than 12 weeks: drink 4-5 glasses (or 2 small bottles) of clear fluids one hour before your appointment time (water, juice, black coffee or black tea). You must eat breakfast/lunch
- For 12-18 weeks: drink 2 glasses (or 1 small bottle) of clear fluids one hour before your appointment time (water, juice, black coffee or black tea) You must eat breakfast/lunch
- For over 18 weeks: no preparation is required. You must eat breakfast/lunch

#### **NUCHAL TRANSLUCENCY:**

- Drink 3 glasses (or 1.5 small bottles) of clear fluids one hour before your appointment time (water, juice, black coffee or black tea)
- You must bring all the papers from your doctor (blood work requisition, I.P.S. screening paper, etc) with you for your appointment

# PROSTATE-TRANSRECTAL ULTRASOUND:

- Purchase a FLEET ENEMA from the pharmacy and follow the instructions in the package
- Self-administer the enema 2 hours before your appointment time.
- Drink 4-5 glasses (or 2 small bottles) of clear fluids one hour before your examination (water, juice, black coffee or black tea)
- DO NOT VOID a full bladder is necessary for the examination

### NO PREPARATION REQUIRED FOR THE FOLLOWING:

- · Scrotal/testicular ultrasound
- Thyroid ultrasound
- Musculoskeletal ultrasound (any type)

# X-RAY PREPARATIONS

# **GENERAL X-RAY**

If there is a possibility you may be pregnant, please contact your physician prior to X-Ray.